



Our family is blessed with a rich heritage of talented cooks and bakers who have loved and enjoyed the fellowship of family & friends over many meals. It is no surprise that good food & hospitality became not only a passion for Lynda and her girls, but also a profession! We hope you feel the warmth of our home as you enter our doors and that your experience with us is memorable & one of a kind. Thank you for visiting Puffy Muffin! Nui Nui, Lynda's beloved Grandmother, teaching Lynda, Kristi & Ali how to make her famous fruitcake (1980).



## On the Sweeter Side

**LYNDA'S GRANOLA & YOGURT**  
Served with fresh berries. 10.5

### \*FRENCH TOAST

Our version of the classic topped with fresh berries! Choice of bacon, grilled ham or sausage. Best **Gluten Sensitive** in town!  
14 / GS 16

### \*PANCAKE PLATE

Three pancakes with butter & warm syrup. Choice of bacon, grilled ham or sausage. Served with one side. 14

### \*THREE PANCAKES

Fluffy & golden, served with butter & warm syrup. 9

*Fill or Top Your Pancakes 1.50 each item. Add chocolate chips, pecans, fresh blueberries or sliced strawberries.*

## Omelettes

### \*CHEESE OMELETTE

Three egg omelette with cheddar-jack. 9

### \*CHEESE OMELETTE PLATE

Three egg omelette with cheddar-jack. Toast or biscuit & one side. 13.5 / GS 15.5

### Add to Any Omelette (.75 each)

*Bacon, sausage, ham, red onion, bell peppers, jalapeños, mushrooms, spinach, pesto, diced tomatoes, artichokes, asparagus, cheddar or feta.*

## Breakfast Sandwiches

*Egg sandwich with American cheese & your choice of bacon, sausage or grilled ham*

### \*LARGE BREAKFAST SANDWICH

On bagel, croissant, rye, wheat or sourdough toast. 8.5

### \*SMALL BREAKFAST SANDWICH

On biscuit, yeast roll or English muffin. 6.5

### \*GS BREAKFAST SANDWICH

On gluten sensitive white or multi-grain bread. 8.5

## Sides

**HOME FRIES, POTATO CASSEROLE, CHEESE GRITS, FRESH FRUIT OR ONE PANCAKE** 4 each

**ADD AVOCADO TO ANY MENU ITEM** 3

# BREAKFAST SPECIALTIES

Breakfast Served until 2:30 pm

## Savory Breakfast

### BLT PLATE

Bacon, lettuce & tomato on sourdough toast or two fresh baked rolls. Served with one side. 10.5 / GS 12.5

### \*QUICHE OF THE DAY

Served with fresh fruit & choice of toast or biscuit. 13.5

### \*COUNTRY BREAKFAST

Two eggs, any style. Choice of bacon, grilled ham or sausage. Choice of toast or biscuit & gravy, and one side. 14.5 / GS 16.5

### \*STEAK & EGGS

Beef tenderloin medallions and two eggs any style. Choice of toast or biscuit and one side. 14.5 / GS 16.5

### \*EGGS BENEDICT

*(Saturday only)* Two poached eggs over grilled ham on toasted English muffin, topped with hollandaise. Served with one side. 14

### \*CRAB CAKE BENEDICT

*(Saturday only)* Two poached eggs over Maryland style crab cakes, grilled asparagus & a tomato slice on a toasted English muffin, topped with hollandaise. Served with one side. 16

### GRAVY FRIES

A generous portion of thick cut fries smothered in our house-made sausage gravy. Makes a great breakfast appetizer. 10



## TO OUR VALUED GUESTS

**GS** - Items marked "GS" are gluten sensitive or can be modified for gluten sensitive.

We have made every effort to evaluate our gluten sensitive menu offerings based on their ingredients; however, we use flour and wheat ingredients in our kitchen and therefore cannot guarantee that cross contamination does not occur. Please consult your doctor for medical and dietary advice before relying on our assessment of gluten sensitive options.

\* Consuming raw, cooked to order or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses, especially if you have certain medical conditions.

20% gratuity added to parties of 8 or more.

## A La Carte

\*QUICHE BY THE SLICE 7.5

HAM, SAUSAGE OR BLT ROLL/BISCUIT 4

\*STEAK BISCUIT 6

BLT ON TOAST 6.5

BACON, GRILLED HAM OR SAUSAGE 3.75

TURKEY SAUSAGE 4

\*TWO EGGS, ANY STYLE 3

TWO BISCUITS & GRAVY 5

TWO BISCUITS OR TOAST 2

TWO SLICES OF GLUTEN SENSITIVE TOAST 4

### OATMEAL

Served with brown sugar, golden raisins & milk. 7 Add fresh blueberries, strawberries or pecans for an additional 1.5

BAGEL WITH CREAM CHEESE 3

CINNAMON ROLL OR DANISH 6.5

GLUTEN SENSITIVE BLUEBERRY MUFFIN 4

### MUFFIN

Blueberry, cranberry walnut, cream cheese, carrot nut raisin, lemon poppy seed, banana nut or double chocolate. 4

## Drinks

GINGER TEA 3.75

SWEET/ UNSWEET ICED TEA 2.75

COFFEE 2.75

HOT SPICED TEA OR HOT TEA 3.5

HOT CHOCOLATE 3.5

ORANGE JUICE OR 100% PURE GRAPEFRUIT JUICE LG 4 / SM 2.5

APPLE, CRANBERRY MIXTURE OR TOMATO JUICE 3.5

MILK - SKIM, 2% OR WHOLE 3

SODAS 2.75

*Coke, Diet Coke, Sprite, Dr. Pepper, Ginger Ale, Club Soda*

LEMONADE 2.75